An international collaboration between Presentation House Theatre and UK’s Oily Cart Theatre

Presentation House Theatre Presents

BAKING TIME

A Fantastic Feast for the Senses with Puppetry, Music, and Live Action Baking!

STUDY GUIDE

Ages 3 +

“Children will have fun watching as Bun and Bap try to contain the damage they’ve done by over-yeasting a batch of dough. I can’t wait to see bread baking on stage!”

- YoYoMama Blog
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BAKING TIME

WRITTEN BY TIM WEBB
DIRECTED BY KIM SELODY

Cast and Crew

Directed by Kim Selody
Written by Tim Webb
Featuring - Aaron Lau & Leslie Dos Remedios
Composer – Max Reinhardt
Musical Director - Joseph Seserko
Musician - Finn Manniche
Set and Costume Design – Claire de Loon & Jessica Oostergo
Lighting Design – Brad Trenaman
Stage Manager – Giselle Clarke-Trenaman
Head Technician - Kianna Skelly
Technical Director - Matt Latimer

www.oilycart.org.uk
Letter from Kim Selody, Director

The journey of *Baking Time* began in 2001 when I met Tim Webb of Oily Cart Theatre in London, a company known internationally for creating high quality, interactive theatre for very young audiences. We collaborated to mount Oily Cart’s *Patti’s Cake*, and toured it through Ontario. We then created *Baking Time*, a new show that explored playing with dough -- we loved the idea of filling a theatre with the smell of fresh baked bread -- and successfully toured England and Eastern Canada. Tim and I revisited the play in 2016 to make it even more interactive and fun. We added live music performances with an amazing arrangement for cello and accordion, and further enhanced the set, costume and puppet concept created by Claire de Loon for the original production. Together with our English partners we laughed, cried, thought and learned during the creation process to bring you this new version of the play. After a successful run at Presentation House Theatre in Fall 2016, are thrilled to bring *Baking Time* to the Ottawa International Children’s Festival in 2017!!

Synopsis

The aroma of freshly baked bread wafts through the theatre as master chefs *Bun* and *Bap* try to contain the damage they’ve done by over-yeasting a batch of dough. An unwelcome *Yeasty Beast* springs to life, intent on pursuing a newly baked baby bun through forests, oceans, and floury snowstorms. What are *Bap* and *Bun* to do?

"Each audience member will go home with a tiny loaf of homemade bread (gluten-free is an option!) and a head full of the possibilities that come with hands-on creation," says Kim Selody, Artistic Director, Presentation House Theatre.

Looking for a theme that would provide an immersive experience for young children and their families, Selody and Tim Webb, Artistic Director of Oily Cart Theatre, struck on the smells, sights, textures, and sounds that accompany the sensual pleasure of making and eating freshly baked bread. With Oily Cart designer Claire de Loon, they tested a series of games and stories with very young children to see how little ones would respond to the ideas and experiences. Music, written by Max Reinhardt, was incorporated as a storytelling technique, with most of the text sung.

For the 2016 North Vancouver performance run of *Baking Time*, the co-producers added live cello and accordion accompaniment to the vocals of their talented cast.

“This is a show that involves all the senses – touch, taste, smell, sight, and sound,” explains Selody. “Our hope is that everyone goes home with an understanding of the delights of bread making and, perhaps, an appetite to bake up some adventures of their own.”
Themes/Curriculum Connections

Dough is a natural play-toy and storyteller. The activities that follow are designed to provide students with new opportunities for learning-based play. By following recipes, cooking, engaging in sensory experiments, and exploring some imaginative games, students will undoubtedly find the themes of *Baking Time* to be fun and inspiring, enriching their understanding of their world.

The following outcomes from the BC CURRICULUM FOR GRADES K-2 briefly summarize requirements for the primary years. Students will experience one or more of these as they engage in the performance of *Baking Time*, and through activities outlined in this Guide.

**ARTS EDUCATION**
- Engagement in the arts creates opportunities for inquiry through purposeful play.
- People connect to others and share ideas through the arts.
- We can observe and share how artists (dancers, actors, musicians, and visual artists) use processes, materials, movements, technologies, tools, and techniques.

**LANGUAGE ARTS**
- Curiosity and wonder lead us to new discoveries about ourselves and the world around us.
- Language and stories can be a source of creativity and joy.
- Stories can help us learn about ourselves and our families.
- Through listening and speaking, we connect with others and share our world.

**APPLIED DESIGN, SKILLS, AND TECHNOLOGIES**
- Designs grow out of natural curiosity.
- Skills can be developed through play.
- We can make products using known procedures or through modelling of others.

**MATHEMATICS**
- As demonstrated by baking, numbers represent and describe quantity: quantities can be decomposed into smaller parts.
- We can describe, measure and compare spatial relationships: objects have attributes.

**SCIENCE**
- Make exploratory observations using their senses
- Safely manipulate materials
- Make simple measurements using non-standard units
BEFORE THE PLAY

*Baking Time* is a sensory experience. At Presentation House Theatre, we encourage you and the children to come with open minds, ready for anything to happen. The actors will guide you through the experiences of touching, smelling, hearing, seeing and finally tasting! In our work for this age group, the door is often opened for the audience to engage with us, so we invite you to sit back, relax and enjoy. It can be an exciting experience for the children, especially if it is their first time in a theatre. One of our characters, Biscuit, will greet you before you enter the “Bakery” and help you all get ready for the adventure.

AFTER THE PLAY

As soon as possible after the performance, hold an open discussion with your class on what they thought about the play. What did they like best? Why? Are they curious to learn more about baking? What did they think of the characters? Discuss the way Bap and Bun found solutions to the problems they faced. How did they do that? Did the students like the puppets? Why or why not? Formulate your own questions as you talk. Remember this is a time for open-ended discussion; there are no right or wrong answers. Encourage your students to give reasons for their opinions.
CLASSROOM ACTIVITIES:

Imagination Objects & Three Word Stories

**Learning Outcomes:** These activities help students free up their imaginations and spontaneously create stories.

**Imagination Objects:** The teacher or a student draws a kitchen utensil or object out of a bag. The object is passed around the circle and each student uses it “for what it is not”. For example, a bowl can become a hat or a nose or a drum. The other classmates guess what the student has made the object into. If the group begins to run out of ideas for an object, pick another item to continue around the circle. Choose normal household, everyday objects for your bag of surprises like a whisk, a wooden spoon, a cup, a bowl and a tea towel. This exercise works well as a base for making up short three-minute plays. In groups of four the students are given one of the props to use in their scene as "something that it is not". Give the students about five minutes to make up a short scene to share with the class. Explain that you may talk to them as they are acting to help them out, as indeed, often with younger students you will have to help them find an ending to their scene.

**Three Word Stories:** This activity requires a deck of flashcards. With the flash-cards upside down so the student doesn’t know what they are getting, have them pick three or four or even five or more cards and weave the images or nouns into a one minute story with a beginning, a middle and an ending. For instance they may get cloud, butterfly and lion. The teacher may ask the students to make sure they include a setting in their story - let us know where their characters are. In preparation for this, you could discuss setting and character using *Baking Time* as an example. The students can brainstorm different settings and characters, and the teacher can write them down on new blank cards to add to the deck. Story cards can be geared towards specific areas of study and students may be asked to make up true or imaginary (creative writing) stories.

**One Word Stories:** To help students feel comfortable building on other people’s ideas when working together. In a circle of ten to twelve students, the group tells an improvised story one word at a time. The goal is to respond spontaneously and move the story along as if they were one voice.

To practice before you begin, line up four students and give them a setting for the story to take place. Choose one student to begin the story. Let them keep talking until you – often mid-sentence – point randomly to another person in the group to continue the story, much like an orchestra conductor. This gets the whole group keenly listening to one another and working together.

Imaginative Play Ideas for Little Ones

**What’s Missing?** Put lots of cooking objects on a tray. Give the students a minute to observe them all then cover the tray with a cloth and secretly take an object away. Uncover the tray and see if they can guess what object is missing!

**Role-Playing:** Create a baker’s shop in the role-play area, using playdough made by the children, aprons, a cash register, money, and a kitchen area. Think about including cooking utensils for the children to ‘make’ bread while in role.

**Sensory Exploration:** Display ingredients for bread making in small bowls for the children to look at, touch and smell, e.g. yeast, flour, and grain. Have them talk about their observations.
Making Playdough Easy Recipe

INGREDIENTS

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil
- 1/2 cup salt
- 2 tablespoons cream of tartar
- Up to 1.5 cups boiling water (adding in increments until it feels just right)
- food colouring (optional)
- few drops glycerine (optional- adds more shine!)

METHOD

Mix the flour, salt, cream of tartar and oil in a large mixing bowl

Add food colouring TO the boiling water then into the dry ingredients (colour optional)

Stir continuously until it becomes a sticky, combined dough

Add the glycerine (optional)

Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it’s the perfect consistency!*

(If it remains a little sticky then add a touch more flour until just right)

This recipe is adapted from The Imagination Tree website. http://theimaginationtree.com/2012/04/best-ever-no-cook-play-dough-recipe.html
Singing and Counting!

Music makes learning fun. For smaller children, sing “Pat a Cake, Pat a Cake, Bakers’ Man”. Use the song to explore the letter ‘B’ or ‘P’ or ‘C’. Include the letters in your sensory play, for example by writing the shape in flour, or in playdough. For older children, teach them the song “Five Currant Buns in the Baker’s Shop”. For extra fun, provide real buns, money and chefs’ hats, cards with numbers 0-5, to act out the song as a group.

Five Currant Buns

Five currant buns in a baker’s shop.
Big and round with a cherry on the top,
Along came a boy with a nickel one day,
Bought a currant bun and took it away.
Four currant buns in a baker’s shop.
Big and round with a cherry on the top,
Along came a boy with a nickel one day,
Bought a currant bun and took it away.
Three currant buns in a baker’s shop.
Big and round with a cherry on the top,
Along came a boy with a nickel one day,
Bought a currant bun and took it away.
Two currant buns in a baker’s shop.
Big and round with a cherry on the top,
Along came a boy with a nickel one day,
Bought a currant bun and took it away.
One currant bun in a baker’s shop.
Big and round with a cherry on the top,
Along came a boy with a nickel one day,
Bought the currant bun and took it away.
Baking Time Word Search

Find the following words in the puzzle. Words are hidden → ↓ and ← →.

BAKING  COOKING  WHEAT
BAP     FLOUR     WHISK
BREAD   LOAFY     YEAST
BUN     OVEN
Classroom Activities

Classroom and Take Home Recipe Ideas

Try making Bun and Bap’s bread in your classroom! With some preparation and keen parent volunteers, your students can enjoy making bread from beginning to delicious enjoyment. The recipe below was used on stage in *Baking Time*. We’ve also included some healthy recipes for the students to try out at home with their families.

**Bun and Bap’s Bread! – The *Baking Time* Recipe**

**INGREDIENTS**

- 4 cups of flour plus 1 additional cup once the liquids have been added – total of 5 cups
- 2 tbsp of yeast
- 2 tbsp of sugar
- 1 tsp of salt
- 1/4 cup of vegetable oil
- 2 cups of warm water

**DIRECTIONS**

Mix ingredients and knead for 10 minutes; cover with damp cloth let the dough rise for at least 30 minutes

Remove from bowl and shape into buns; place on an oven proof sheet; dust with a little flour

Let rise for 15 more minutes

Bake for 25 mins at 400°F

For a gluten-free alternative, go to GOOP for a great recipe! [http://goop.com/recipes/easiest-gluten-free-buns/](http://goop.com/recipes/easiest-gluten-free-buns/)

**Funny Face Pizzas**

**INGREDIENTS**

- For the dough: ½ cup (125 mL) flour, plus additional as needed
- ½ cup (125 mL) %2 plain Greek yogurt
- ½ tsp (2 mL) baking powder
- ¼ tsp (1 mL) salt
- ⅛ tsp (.5 mL) baking soda
- Oil for brushing
- 3–4 tbsp (45–60 mL) pizza sauce, plus additional as desired
- ¼ cup (60 mL) shredded mozzarella cheese, plus additional as desired
- Assorted vegetables, prepared (see Cook’s Tip)
DIRECTIONS

Preheat the oven to 425°F (220°C).
Mix all of your ingredients together in a small bowl until a dough ball forms.
Knead the dough on a lightly floured cutting board for 2 minutes. Add more flour as needed.
Roll your dough out to the size of the circle.
Brush a pizza stone or cookie sheet with foil then transfer dough. Press your dough out with your fingers.
Bake for 10 minutes. Remove from the oven and flip your crust.
After flipping the pizza crust, top with sauce, cheese, and veggies.
Put back in the oven and bake 6–8 minutes or until crust is golden brown.
Remove pizza from the oven and cut into triangles.
COOK’S TIP: Ideas for faces include zucchini slices, Brussel sprout slices and shreds, broccoli florets, bell pepper rings and slices, cherry tomatoes, sliced black olives, and thinly sliced carrots.
Adapted from Pampered Chef: https://www.pamperedchef.com/recipe/Quick+Tips/Funny+Face+Pizza+for+Kids/942235

Healthy Wraps

INGREDIENTS

• Whole-wheat tortilla wraps
• Cream cheese
• Spinach
• Red Peppers
• Carrots
• Cucumbers

DIRECTIONS

Wash and prepare all the vegetables. Assist in cutting them in smaller pieces.
Spread a thin layer of cream cheese over the center of a flour tortilla, leaving an inch around the edges. Assemble the wrap by placing the vegetables on the cream cheese.
Fold the left and right edges of the tortilla over about an inch, towards the center of the tortilla, then starting with the edge of the tortilla closest to you, roll up the tortilla. Assist your child in cutting the wrap in half with a knife, in the center.
Banana Chocolate Chip Muffins

http://www.food.com/recipe/banana-chocolate-chip-muffins-19424

**INGREDIENTS**

- 1 egg
- 3 medium very ripe bananas
- 1/3 cup low-fat buttermilk or 1/3 cup milk
- 1/2 cup granulated sugar
- 1/2 cup brown sugar
- 1 1/2 cups flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 2-3 tablespoons chocolate chips
- 2 tablespoons chopped walnuts (optional)

**DIRECTIONS**

Preheat oven to 350 degrees.
Lightly coat 12 muffin tin liners with cooking spray and place in muffin tin.

In large bowl, mash bananas with fork.
Whisk in egg, milk, granulated sugar, and brown sugar.

In separate bowl, combine flour, baking soda, and salt.
Add flour mixture to banana mixture and combine well.

Fold in chocolate chips and walnuts.
Spoon equal amounts of batter into 12 muffin cups.
Bake 20 minutes or until toothpick inserted in center comes out clean.
Allow to cool slightly in pan, then remove to wire rack.
About Presentation House Theatre

Nestled in the heart of North Vancouver’s Lower Lonsdale, Presentation House Theatre has become a neighbourhood cultural hub, providing the community with a dynamic mix of professional theatre, music, and dance productions -- all just a Seabus away from downtown Vancouver.

We are the North Shore’s professional theatre company. For nearly 40 years, we’ve entertained audiences with innovative programming and quality professional productions in our wonderfully intimate space.

We believe that professional performances are for everyone. We’re committed to presenting and producing shows of the highest standard, and appealing to the diversity of North Shore audiences. We proudly offer programming for children and youth, adults young and old, the music aficionado and the innovative and emerging dancers.

**PHT is here:**

- To produce and develop work that is accessible, engaging and entertaining
- To provide a home for new and innovative emerging artists
- To bring a world of culturally diverse playwrights, choreographers, performers and producers to the North Shore
- To always be inclusive and reflect North Vancouver in the work we produce and present
- To engage with North Shore culture by inviting other companies to become partners and/or resident companies at Presentation House Theatre
- To encourage a lifelong love of the arts through artist-in-residence programs and educational programs for North Shore youth

**Together We Laugh, Cry, Think, Learn.**
About Oily Cart Theatre

Since 1981, Oily Cart Theatre has been taking its unique blend of theatre to children and young people in schools and venues across the UK. Challenging accepted definitions of theatre and audience, Oily Cart creates innovative, multi-sensory, and highly interactive productions for the very young and for young people with profound and multiple learning disabilities.

By transforming everyday environments into colourful, tactile ‘wonderlands,’ Oily Cart invites audiences to enter a world of imagination. The company creates original and highly specialized theatre for young audiences using hydro-therapy pools and trampolines, aromatherapy, video projection, puppetry, and a vast array of multi-sensory techniques.

www.oilycart.org.uk/

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